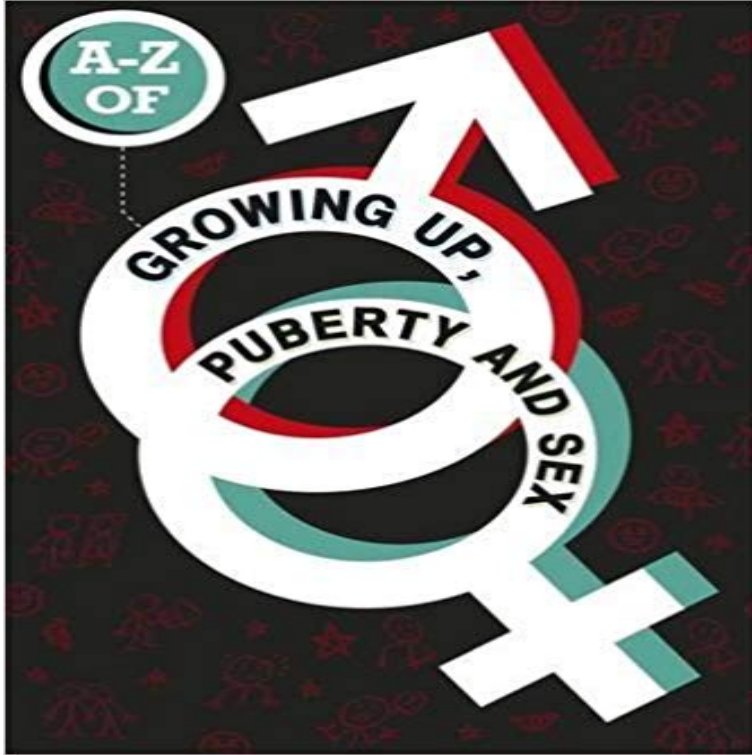


The A-Z of Growing Up, Puberty and Sex



The A-Z of Growing UP, Puberty and Sex is the perfect ready-reference guide to help you get through adolescence. Get to grips with all of the important, and sometimes embarrassing, facts of life. Packed with lots of practical support on how to deal with the physical and emotional changes that growing up brings. This book explains words and terms, both medical and slang, to help you find your way through puberty from A-Z. From A to Z, here are some of the topics discussed in this great guide to being or becoming a teenager: Adoption, Body image, Coming out, Contraception, Dumping and getting dumped, Eating disorders, Fancies: Does he/she fancy you?, Gay/Lesbian, HIV/AIDS, Internet safety, Jealousy, Kissing, Love, Masturbation, Orgasm, Peer pressure, Periods, Relationships, Sex, Transgender/Transsexual, Underwear, Virginity, Wet dreams, You, Zits...

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