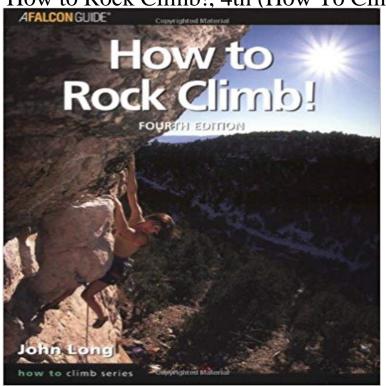
How to Rock Climb!, 4th (How To Climb Series)



How to Rock Climb!, now in its fourth edition, is the worlds top instructional book on climbing. All the fundamentals--from ethics to getting up the rock--are presented in John Longs classic style. Revised and updated to reflect the modern standards of equipment, technique, and training methods, this guide includes sections on face climbing; crack climbing; ropes, anchors, and belays; getting off the rock; sport climbing; and much more. It is the essential how-to book for rock climbers everywhere.

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