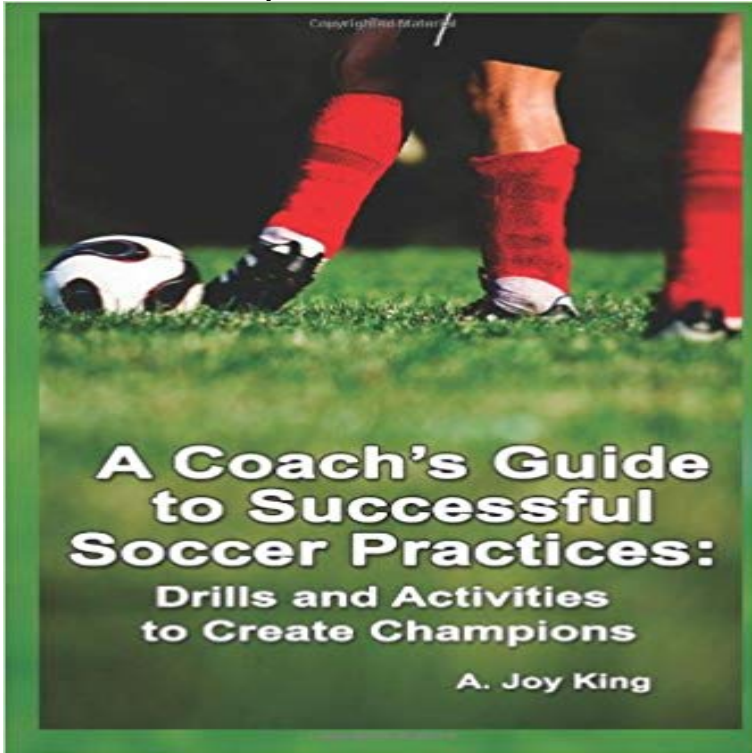


A Coach's Guide to Successful Soccer Practices: Drills and Activities to Create Champions



The A Coach's Guide to Successful Soccer Practices: Drills and Activities to Create Champions is comprised of eight chapters with over eighty drills covering basic skills, small competitive games, and fitness activities. Also included are skill ideas for youngsters, warm-up activities, circuit training information, and more. The drills and activities can benefit an experienced coach, an interested parent, or an assistant coach. The drills/activities: Are coded by the number of players needed a concept omitted in most soccer books Are great for players of all skill levels Have diagrams that are clear, uncluttered, and explained in everyday language Can be used inside or outside and require small areas Are ideal for coaching young players Includes ideas for teaching skill techniques Are ideal for today's electronic devices. Provides challenging and competitive soccer drills that make even novice coaches practices successful Keep a player interested thus giving an additional benefit of freeing the coach for individual guidance and instruction Suppose this happens to you. Mommy, Daddy, if you don't coach us, then we can't have a team. The words bring terror to a parent's heart. You don't know anything about coaching soccer. Or you might think, I played some soccer when I was a kid, but coaching where do I start? Now instead of feeling frustrated, you have A Coach's Guide to Successful Soccer Practices: Drills and Activities to Create Champions, which can give you direction and guidance in coaching

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